

Play is **healing**. Play is **learning**. Play makes us **happy**.

Let's have a summer of play.



playYQR.ca/summerofplay

Play Sparks, Vol. 2

Rocks and pebbles

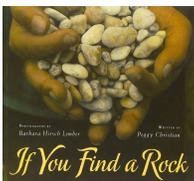


Pebbles and rocks are natural, free play materials. Take your family for a walk to gather rocks and then try one of these experiences:

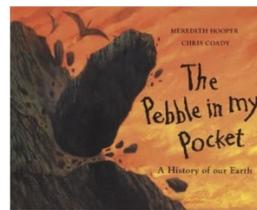
- A rock can be painted to look like a lady bug, turtle, curled up cat or dog, sitting rabbit, or flower. You can also paint designs, numbers, letters, or words on them. Hide your special, painted rock and have a friend look for it or leave them around your community to bring excitement to others;
- Make rock art works by laying out rocks to make different designs. You might use them to make people, animals, spirals, or patterns and shapes;
- Make a tower by stacking rocks one on top of the other. You might try to balance as many rocks as you can on top of one another;
- Sort rocks from biggest to smallest; heaviest to lightest, brightest to whitest;
- Play hopscotch
- Gather rocks to make interesting collections;

- Use twigs to make a grid or draw on in the sand or dirt. Then use different colours or sizes of rocks to play x and o's;
- Draw 3 rings one inside the other, toss small pebbles at them. See how many rocks you can get in the rings;
- Place a small rock on your foot and see how far you can walk before it falls off. You might have a friend(s) do the same thing and have a race.

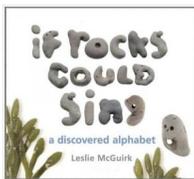
Picture Books to Read Together



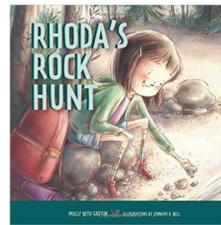
If You Find a Rock by
Peggy Christian



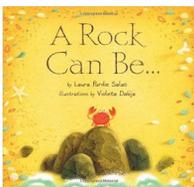
The Pebble in My Pocket by
Meredith Hooper
& Chris Coady



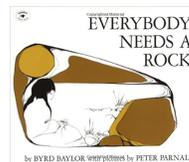
If Rocks Could Sing by
Leslie McGuirk



Rhoda's Rock Hunt by
Molly Beth Griffin



A Rock Can Be... by
Laura Purdie Salas



Everybody Needs a Rock by
Byrd Baylor

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